

PSSA CONTACT LIST

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WCYD Whatcom County Dolphins - Lynden

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Stacia Urban	stacia.urban@whatcomymca.org		Aquatic Director	

WCYD Whatcom County Dolphins - Bellingham

Jenny Billings	jennybillings@yahoo.com	360-966- 4658	Parent Rep/Meet Coordinator	
Tish O'Keefe	tokeefe@whatcomymca.org	360-733-8630	Aquatic Director	

SVY - Skagit Valley Y

Jim Cornforth	jrcorn2@comcast.net	360-319-4678	Coach	Treasurer
Kegan McAdams			Coach	
Jean McAdams	jean@skagitymca.org		Aquatic Director	
Tina Rexroth	alohafive09@live.com		Parent Rep	
Maureen Johnson	svychinooks@gmail.com		Meet Director	

Snohomish County**MCY - Mill Creek**

Janette Parent	jparent@ymca-snoco.org	425-357-3038	Aquatics Director	
Christy Pessemier	christy_p9700@comcast.net	425-224-8037	Head Coach	

MYN - Monroe Narwhals

Jessie Channel	jchannel@ymca-snoco.org	360-804-2160	Head Coach	
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Greater Seattle YMCA**Auburn Valley Aqua Seals**

Rebekah Celver	rcelver@seattleyymca.org		Aquatic Director	
Kasey Barga	kbarga@seattleyymca.org	253-632-4331	Coach	

BEST - Bellevue Eastside Swim Team

Jing Li	jli@seattleyymca.org	425-753-0276	Head Coach	
Katy Beck	kbeckcon@frontier.com	425-417-8262	Parent Rep	
Melissa Chamberlin	mchamberlin@seattleyymca.org		Aquatic Director	

NSYS Northshore YMCA Sharks

Cyndi Standaert	cstandaert@seattleyymca.org	425-415-1597 x5224	Head Coach	
Mel Clark	mclark@seattleyymca.org	206-919-9771	Team Administrator	Secretary
Jamie Owens	jowens@seattleyymca.org		Aquatic Director	
Dave Anthony	dave.anthony@frontier.com	425-481-0515		League Commissioner

DTY - Dale Turner

Becky Vrieland	bvrieland@seattleyymca.org	206-569-7006	Aquatic Director	
Jenna J	jjerger@seattleyymca.org	206-953-0074	Head Coach	
Chris Williams	cwilliams@seattleyymca.org			

WSYS - West Seattle

Trevor Carroll	tcarroll@seattleyymca.org		Aquatics Director	
Kyle Homad	khomad@seattleyymca.org	206-295-5058	Head Coach	
Nancy Hadley	nancy@catalysis.com		Booster Club President	

Ann Adkins aadkins@seattlemca.org

Sr. Aquatics Director

**Pierce County
LYAC -Lakewood Family**

Ashley Jones araygor@ymcapkc.org

Coach

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Aquatic Director

Jenna Dehoney jdehoney@ymcapkc.org

Sr. Aquatic Director

MYSD - Morgan Family YMCA Seadragons, Tacoma

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OYST - Olympia. Briggs Family YMCA

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Coach oyst@ssymca.net

Paul Bliss blissp@ssymca.net

Coach

Paul Avery averyp@ssymca.net

Aquatics Director

GH20 - Grays Harbor

Nicole Evanson nevanson@ghymca.net 360-537-9622 x 124

Head Coach

Volunteers

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Volunteer , past VP

Prospective Teams

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Aquatics Director

Gig Harbor

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Coach

last updated Sept 2011

Olympia Downtown

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